

◀ August		~ September 2011 ~					October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 Practice 3-4:45 p.m. All Team Dinner 5:30 Meet the Coaches 7p.m.	2	3 Practice 8-11:00 a.m. JV: Shaker @ Columbia 10a.m.	
4	5 Labor Day Practice 8-10:00 a.m.	6 Practice 2:45-5:00 p.m.	7 Practice 2:45-5:15p.m. Freshmen: Saratoga @ Columbia 4:15 p.m.	8 Practice 2:45-4:30 p.m. Dinner 5:00 p.m.	9 Varsity: Columbia @ Nisky 7 p.m.	10 Practice 8-11:00 a.m. JV: Nisky @ Columbia 10 a.m.	
11	12 Practice 2:45-5:15 p.m.	13 Practice 2:45-5:00 p.m.	14 Practice 2:45-5:15 p.m. Freshmen: Shaker @ Columbia 4:15 p.m.	15 Practice 2:45-4:30 p.m. Dinner 5:00 p.m.	16 EGPW Night , Teacher Appreciation Varsity: LaSalle @ Columbia 7 p.m.	17 Practice 8-10:00 a.m. JV: Columbia @ LaSalle 10 a.m.	
18	19 Practice 2:45-5:15 p.m.	20 Practice 2:45-5:00 p.m.	21 Practice 2:45-5:15 p.m. Freshmen: Columbia @ Nisky 4:15 p.m.	22 Practice 2:45-4:30 p.m. Dinner 5:00 p.m.	23 Homecoming Varsity: Schenectady @ Columbia 7 p.m.	24 Practice 8-10:00 a.m. JV: Columbia @ Schenectady 10 a.m.	
25	26 Practice 2:45-5:15 p.m.	27 Practice 2:45-5:00 p.m.	28 Practice 2:45-5:15 p.m.	29 Practice 2:45-4:30 p.m. Dinner 5:00 p.m.	30 Varsity: Columbia @ Averill Park 7 a.m.	Notes:	